



Because it feels good!

The Natural Biscuit Co. sugar comparison to other kids biscuits

	Sugar per 100g	Sample No.
UB - Mc Vities Mini gingerbread	30.4	1
UB - McVitie's Mini Choc Cookies	32	2
UB - McVitie's Mini Choc Digestive	28.4	3
UB - McVitie's Mini Milk Choc Hobnobs	33.8	4
UB - McVitie's Mini Jaffa Cakes	52.5	5
UB - McVitie's Mini Milk Choc Shorties	38.3	6
UB - McVitie's Mini Pirate Crew	34.7	7
UB - McVitie's Mini Jungle Friends	34.7	8
UB - McVitie's Mini Milkshakes	25.7	9
UB - Jacob's Iced Gems	51.6	10
UB - BN Mini Strawberry	40.5	11
UB - BN Mini Chocolate	33	12
Cadbury's Mini Chocolate Fingers	35	13
Cadbury's Animals	25.6	14
Cadbury's Dinosaurs	27.6	15
Burton's Jammie Dodger's	28.2	16
Burton's Choccie Dodger's	29.7	17
Burton's Mini Maryland C/C Cookies	30.5	18
Burton's Mini Maryland D/C/C Cookies	30.2	19
Fox's Malted Moos	16	20
Fox's Choc Chip Moos	25.2	21
Fox's Party Rings	40.8	22

	Sugar per 100g	Sample No.
Paterson's Orang-u-tangys	22.2	23
Lightbody's Hello Kitty	44.1	24
Lightbody's Mini Monsters	44.1	25
Sainsbury's Mini Malted Milk	17.2	26
Mondelez Mini Oreos	41	27
Mondelez Chocolate Creme Oreos	37	28
Mondelez Barney Milk	32	29
Mondelez Barney Apple	32	30
Mondelez Barney Strawberry	32	31
Mondelez Barney Chocolate	32	32
Asda Mini Malted Milks	19.9	33
Morrisons Mini Toffee Shortbread	19.2	34
Morrisons Mini Jaffa Cake Saucers	51.4	35
Morrisons Jammy Smilers	36.3	36
Morrisons Mini Choc Chip Cookies	23.4	37
Morrisons Choco Animals	24.5	38
Morrisons Swirly Twirlies	41.4	39
Morrisons Milkshake Waves	32.7	40
Tesco Mini Monkey's	27.5	41
Tesco Mini Choc Chip Cookies	32	42
Tesco Tesco mini malted milk	19.2	43
Jacobs Jacob's J-Os Vanilla	38	44

	Sugar per 100g	Sample No.
Aldi Belmont Chocolate Wafer Bars	43	45
Aldi Café Bistro Chocolate Wafers	46.1	46
Aldi Café Bistro Lemon Wafers	47.6	47
Bahlsen Zoo Butter Biscuits	23	48
Cadbury Cadbury Mini Fingers Honeycomb	29.7	49
Cadbury Cadbury Mini Fingers Toffee	40.9	50
Foxs Moos Chocolate Chip Cookies	22	51
Foxs Party Footballs	46	52
Foxs Party Rings Raspberry Ripple	46	53
Jacobs Jacobs J-Os Milk Chocolate	37	54
Marks & Spencer Jaffa Cakes	45.4	55
Marks & Spencer Animal Biscuits	24	56
Burtons Maryland Mini Cookies	30.5	57
UB Mc Vities BN Biscuits Raspberry	36	58
UB Mc Vities McVities Strawberry BN Snack Packs	38.3	59
Mondelez Oreo Chocolate Cookies	37	60
Mondelez Oreo Double Stuff	43	61
Rivington Rivington Pink Panther Wafers	26.3	62
Foxs New Foxs Party Fairytales	46	63
Jacob's Pink Wafer	18	64
Lyon's ToffyPops	35	65
Mondelez Oreo Vanilla Lunchbox	38	66

	Sugar per 100g	Sample No.
Burton's Wagon Wheels Jammie	35	67
Towergate (Lidl) Toffee Hitz	37	68
Sonday (Lidl) Choco Sticks	39	69
Sonday (Lidl) Captain Rondo	33	70
Towergate (Lidl) Crunchy Pink Wafers	26	71
Sonday (Lidl) Neo	39	72
Sonday (Lidl) Smileys	38.5	73
Sonday (Lidl) Discos	34	74
Eat Me (Aldi) Jammy Wheels	34	75
Eat Me (Aldi) Safari Snacks	27	76
Belmont (Aldi) Toffee Ooze	37	77
Eat Me (Aldi) Cookies N Cream	34	78
Eat Me (Aldi) Chocolate Cookies N Cream	29	79
Eat Me (Aldi) Pink Wafers	27	80
Marks & Spencer Dark Chocolate Jaffa Cakes	47.2	81
Marks & Spencer Gingerbread Men	24	82
Marks & Spencer Jazzie Biscuits	33.6	83
Marks & Spencer Percy Pigs	26.6	84
Marks & Spencer Mini Animals	24	85

Total Sugar	No. of products	Average	KTNBC
2847.2	85	33.49647059	15.9